



SKIES Unlimited

Schools of Knowledge, Inspiration, Exploration & Skills

TAE KWON DO

This program provides instruction in non-combat Tae Kwon Do. It will enhance flexibility, body awareness, discipline and mental concentration, all of which are characteristics of the martial arts.

- Eligibility:** Ages 6-18 years
- Schedule :** Mondays and Wednesdays
Oct 7th-Nov 16th
(No classes on Oct 12th & Nov 11th)
6:00-6:45pm Beginners
7:00-7:45pm Yellow Belts & up
- Location:** Youth Services Gym, Building 500
- Cost:** \$44.00 for 10 lessons
- Instructor:** Jan Brown, 6th Dan Master Instructor
- Attire:** Comfortable, loose clothing.
Gi's may be purchased for \$25.00 at Youth Services
- Testing:** Testing is optional and is done by invitation only.
A \$30 fee must be paid prior to the administration of the rank examination. A new rank/belt cannot be awarded without passing an exam, but children may still participate in class without testing.

All students must have a current CYSS Membership & up to date shot record on file at Youth Services before registering for class.



West Point Child, Youth and School Services
Building 500, Washington Road
938-3727/8893
www.westpointmwr.com

