



SKIES Unlimited

Schools of Knowledge, Inspiration, Exploration & Skills

HAPKIDO

Learn the Korean Martial art that teaches a wide range of self-defense techniques. The areas of concentration are strikes, kicks and block avoiding movements, holds, locks, throws, tumbling, meditation and healing.

Eligibility: Ages 12-18 years

Schedule : Wednesdays,
Nov 4th-Feb 3rd
(No classes Nov 11th & 25th & Dec 23rd & 30th)
7:45-8:30pm

Location: Youth Services Gym, Building 500

Cost: \$44.00 for 10 lessons

Instructor: Jan Brown

Attire: Comfortable, loose clothing.
Gi's may be purchased for \$25.00 at YS

Testing: Testing is optional and is done by invitation only.
A \$30 fee must be paid prior to the administration of the rank examination. A new rank/belt cannot be awarded without passing an exam, but children may still participate in class without testing.

All Students must have a CURRENT CYSS Membership & up to date shot record on file at Youth Services before registering for class.



West Point Child, Youth and School Services
Building 500, Washington Road
938-3727/8893
www.westpointmwr.com

