



# SKIES Unlimited

Schools of Knowledge, Inspiration, Exploration & Skills

## BALLET

Ballet is the foundation for all dance disciplines, encouraging grace and agility. Basic positions, musicality, and flexibility are taught. Classes cultivate a desire to perform in a structured but friendly environment.

### Eligibility & Schedule:

**Ballet 1:** 6:30-7:20pm  
Ages 6-8 years  
**Wednesdays, Nov 4<sup>th</sup>-Feb 3<sup>rd</sup>**  
(No classes Nov 11<sup>th</sup> & 25<sup>th</sup> & Dec 23<sup>rd</sup> & 30<sup>th</sup>)

**6:40-7:30pm**  
**Thursdays, Nov 5<sup>th</sup>-Jan 28<sup>th</sup>**  
(No classes Nov 26<sup>th</sup>, Dec 24<sup>th</sup> & 31<sup>st</sup>)

**Ballet 2:** 7:40-8:30pm  
Ages 9-11 years  
**Tuesdays, Nov 10<sup>th</sup>-Jan 26<sup>th</sup>**  
(No classes Dec 22<sup>nd</sup> & 29<sup>th</sup>)

**Ballet 3:** 3:30-4:20pm  
Ages 11-18 years  
**Wednesdays, Nov 4<sup>th</sup>-Feb 3<sup>rd</sup>**  
(No classes Nov 11<sup>th</sup> & 25<sup>th</sup> & Dec 23<sup>rd</sup> & 30<sup>th</sup>)

**Pointe (Must be in Ballet 3): 4:30-5:00pm**  
Ages 12-18 years  
**Wednesdays, Nov 4<sup>th</sup>-Feb 3<sup>rd</sup>**  
(No classes Nov 11<sup>th</sup> & 25<sup>th</sup> & Dec 23<sup>rd</sup> & 30<sup>th</sup>)

**Location:** Youth Center, Building 500

**Cost:** \$66.00 per session (10 classes)  
Pointe Cost: \$44.00 per session (10 classes)

**Instructors:** Stephanie Thomas, Maggie McNeilly & Jennifer Diaz del Valle

**Attire:** Girls: practice leotards (no costumes!) and pink tights. Boys: plain tee-shirt and sweat pants. Ballet shoes are required and must fit properly, having an elastic strap across the foot. Hair must be pulled back and kept out of the eyes, preferably worn off the neck. Short practice skirts (no tutus) are optional.

All Students must have a CURRENT CYSS Membership & up to date shot record on file at Youth Services before registering for class.

West Point Child, Youth and School Services  
Building 500, Washington Road  
938-3727/8893  
[www.westpointmwr.com](http://www.westpointmwr.com)

